

Ancient Disciplines for the Church [Genesis 14]

How would you describe a faith that is “lived in the head”? A faith “lived in the heart”?

How do you physically express your faith?

What is happening in your faith right now that “costs you something”? Why is it important that the living out of our faith costs us something?

If you were to make a pilgrimage, where would you go? How has that place gained significance through the focus, suffering, and prayer of other followers of Jesus?

What in your experience are some of the most significant challenges to living a life of spiritual practice and discipline in our culture?

For more:

Psalms 120-134 are called the Psalms of Ascent. These were the Psalms that were sung and prayed as pilgrims would make their way up to Jerusalem.

If you would like to pray the fixed hour prayers, you can find them updated throughout the day at annarborvineyard.org.