

Daily Family Liturgy Guide

How to use this guide

Each family has its own rhythms and patterns so feel free to adapt this to your family's context including the ages of your children. We do recommend, however, establishing times throughout the day when you will follow these prompts. Consistency and predictability are important for creating any new family rhythm.

The morning and evening prayers will be the same for the duration of the week so that children can become familiar with them and perhaps even begin to pray them as their own. If it seems helpful or appropriate to your family's context, you may add in your own additional prayers after the morning/evening prayers for the things that are on your heart and as the Spirit moves. The lunchtime Scripture reading will bring us into contact with the Word that gives us life - Jesus Christ. If you are looking for a simple way to discuss as a family the Scripture passage, consider asking the following two questions, "What is something that you found interesting, hopeful, or encouraging about what we heard? What is something that you found confusing or challenging?" Do not be discouraged if these practices take time to find their way into the fabric of your family. Our encouragement to you is to stay persistent, stay faithful, and have grace for yourself and your family.

Morning Prayer

God of love, we rejoice that your kindness is fresh as this new day. Give us eyes to see you, ears to hear you, and hearts to love you. Dear God, be with those who are sad, lonely, or sick, and bring peace to all of creation. Today we pray for [name one person or a group of people].

SUNDAY

Midday Scripture: John 20v1-10

Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, "They have taken the Lord out of the tomb, and we don't know where they have put him!" So Peter and the other disciple started for the tomb. Both were running, but the other disciple outran Peter and reached the tomb first. He bent over and looked in at the strips of linen lying there but did not go in. Then Simon Peter came along behind him and went straight into the tomb. He saw the strips of linen lying there, as well as the cloth that had been wrapped around Jesus' head. The cloth was still lying in its place, separate from the linen. Finally the other disciple, who had reached the tomb first, also went inside. He saw and believed. (They still did not understand from Scripture that Jesus had to rise from the dead.) Then the disciples went back to where they were staying.

MONDAY

Midday Scripture: Matthew 28v1-7

After the Sabbath, at dawn on the first day of the week, Mary Magdalene and the other Mary went to look at the tomb. There was a violent earthquake, for an angel of the Lord came down from heaven and, going to the tomb, rolled back the stone and sat on it. His appearance was like lightning, and his clothes were white as snow. The guards were so afraid of him that they shook and became like dead men. The angel said to the women, "Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen, just as he said. Come and see the place where he lay. Then go quickly and tell his disciples: 'He has risen from the dead and is going ahead of you into Galilee. There you will see him.' Now I have told you."

Evening Prayer

God of all mercy, forgive us for our unkind actions today, our hurtful words, and for the ways we have not loved you or our neighbor today. We are sorry. As we sleep tonight, strengthen our courage through your Holy Spirit so that we may do justice, love mercy, and walk humbly with you..

Morning Prayer

God of love, we rejoice that your kindness is fresh as this new day. Give us eyes to see you, ears to hear you, and hearts to love you. Dear God, be with those who are sad, lonely, or sick, and bring peace to all of creation. Today we pray for [name one person or a group of people].

TUESDAY

Midday Scripture: Matthew 28v8-10

So the women hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples. Suddenly Jesus met them. "Greetings," he said. They came to him, clasped his feet and worshiped him. Then Jesus said to them, "Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me."

WEDNESDAY

Midday Scripture: Matthew 28v11-15

While the women were on their way, some of the guards went into the city and reported to the chief priests everything that had happened. When the chief priests had met with the elders and devised a plan, they gave the soldiers a large sum of money, telling them, "You are to say, 'His disciples came during the night and stole him away while we were asleep.' If this report gets to the governor, we will satisfy him and keep you out of trouble." So the soldiers took the money and did as they were instructed. And this story has been widely circulated among the Jews to this very day.

So the women hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples. Suddenly Jesus met them. "Greetings," he said. They came to him, clasped his feet and worshiped him. Then Jesus said to them, "Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me."

Evening Prayer

God of all mercy, forgive us for our unkind actions today, our hurtful words, and for the ways we have not loved you or our neighbor today. We are sorry. As we sleep tonight, strengthen our courage through your Holy Spirit so that we may do justice, love mercy, and walk humbly with you.

Morning Prayer

God of love, we rejoice that your kindness is fresh as this new day. Give us eyes to see you, ears to hear you, and hearts to love you. Dear God, be with those who are sad, lonely, or sick, and bring peace to all of creation. Today we pray for [name one person or a group of people].

THURSDAY

Midday Scripture: Matthew 28:16-20

Then the eleven disciples went to Galilee, to the mountain where Jesus had told them to go. When they saw him, they worshiped him; but some doubted. Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

FRIDAY

Midday Scripture: Isaiah 65:17-21

See, I will create
new heavens and a new earth.
The former things will not be remembered,
nor will they come to mind.
But be glad and rejoice forever
in what I will create,
for I will create Jerusalem to be a delight
and its people a joy.
I will rejoice over Jerusalem
and take delight in my people;
the sound of weeping and of crying
will be heard in it no more.
"Never again will there be in it
an infant who lives but a few days,
or an old man who does not live out his years;
the one who dies at a hundred
will be thought a mere child;
the one who fails to reach a hundred
will be considered accursed.
They will build houses and dwell in them; they will plant vineyards and eat their fruit.

Evening Prayer

God, as you gather light into one place and darkness appears this evening, may you gather our fears and worries into one place so that we may sleep in peace tonight. Gather us in the light of your love when we rise and guide us in the path of life. We pray these things in the name of King Jesus who lives and rules with you and the Holy Spirit, one God forever and ever. Amen.

Morning Prayer

God of love, we rejoice that your kindness is fresh as this new day. Give us eyes to see you, ears to hear you, and hearts to love you. Dear God, be with those who are sad, lonely, or sick, and bring peace to all of creation. Today we pray for [name one person or a group of people].

SATURDAY

Midday Scripture: Isaiah 65v22-25

No longer will they build houses and others live in them,
or plant and others eat.
For as the days of a tree,
so will be the days of my people;
my chosen ones will long enjoy
the work of their hands.
They will not labor in vain,
nor will they bear children doomed to misfortune;
for they will be a people blessed by the Lord,
they and their descendants with them.
Before they call I will answer;
while they are still speaking I will hear.
The wolf and the lamb will feed together,
and the lion will eat straw like the ox,
and dust will be the serpent's food.
They will neither harm nor destroy
on all my holy mountain,"
says the Lord.

Evening Prayer

God of all mercy, forgive us for our unkind actions today, our hurtful words, and for the ways we have not loved you or our neighbor today. We are sorry. As we sleep tonight, strengthen our courage through your Holy Spirit so that we may do justice, love mercy, and walk humbly with you.